

Ingredient	Common Name	Product	Key Benefits	
1	Allium sativum	Garlic	Cardio	Promotes Healthy Blood Circulation. Protects the elastic properties of the aorta and helps maintain healthy plasma lipid levels to promote cardiovascular health.
2	Andrographis paniculata	Andrographis	Immuplus	Promotes Healthy Immune Function. Helps support a healthy upper respiratory tract, and maintain liver health and overall immune system function.
3	Asparagus adscendens	Asparagus	Ultiman	Enhances Male Sexual Health. Promotes the health of the male reproductive system.
4	Asparagus racemosus	Asparagus	Ultiwoman	Enhances Female Sexual Health. Promotes the health of the female reproductive system.
5	Bacopa monnieri	Bacopa	Neuro, Ultiwoman, Ultiman	Supports Cognitive Functions. Has a tranquilizing & calming effect.
6	Carica papaya	Papain	Beauty, Digest, Immuplus, Ultiman, Ultiwoman	Encourages Healthy Digestion. Has a natural enzyme that helps in the digestion of proteins.
7	Celastrus paniculatus	Celastrus	Neuro	Supports Brain Function & Memory. Helps maintain acuity and learning capability.
8	Cinnamomum cassia	Cinnamon	Glucozone	Supports Healthy Glucose Metabolism. Helps maintain blood glucose, triglyceride, cholesterol, and lipid levels in a normal and healthy range.
9	Coleus forskohlii	Coleus	Cardio, Trim	Promotes Healthy Heart Function and Healthy Weight Management. Helps maintain healthy blood pressure levels, helps improve heart muscle action and helps metabolic function and the absorption of dietary fat.
10	Commiphora mukul	GUGGUL	Cardio, Trim	Helps to Maintain Healthy Heart Functions & Promotes Healthy Weight Management. Helps to lower total lipids, serum cholesterol and triglycerides (Hypolipidaemic properties).
11	Convolvulus pluricaulis	Bindweed	Neuro	Supports & Nourishes the Nervous System. Helps ease mental fatigue and promotes natural sleep.
12	Curcuma longa	Turmeric	Beauty, Cardio, Immuplus, Ultiman, Ultiwoman, Neuro, Glucozone	Boosts Immune Function. Helps protect the liver, helps support the nervous system and helps promote healthy immune system function.
13	Cyperus rotundus	Nut Grass	Trim	Promotes Healthy Weight Management. Supports healthy metabolism and the absorption of dietary fat.
14	Echinacea purpurea	Echinacea	Immuplus	Promotes Healthy Immune System Function. Helps maintain healthy white blood cells and overall immune system function. Helps support upper respiratory tract health.
15	Embelia ribes	Vidanga	Trim	Promotes Healthy Weight Management. Supports healthy fat metabolism.

	Ingredient	Common Name	Product	Key Benefits
16	Garcinia cambogia	Brindle Berry	Trim	Promotes Healthy Weight Management. Supports healthy metabolism and the absorption of dietary fat.
17	Ginkgo bilboa	Ginkgo	Cardio, Neuro	Encourages Healthy Blood Circulation and Cognitive Function
18	Grape Seed Extract	Grape Seed	Cardio, Ultiman, Ultiwoman	A Powerful Antioxidant For Overall Heart Health. Rich in polyphenols and antioxidants that help to protect blood vessels and the heart.
19	Humulus lupulus	Hops	Relax	Supports Relaxation and Sleep Quality. Helps encourage rest when one is restless or anxious.
20	Melissa officinale	Lemon Balm	Relax	Supports Relaxation and Sleep Quality. Helps to calm and relax the mind.
21	Momordica charantia	Bitter Melon	Glucozone	Promotes Healthy Blood Glucose Management.
22	Panax ginseng	Ginseng	Neuro, Ultiman, Ultiwoman, Glucozone	Helps Promote Energy and Physical Endurance. Helps support immunity, psychological functions and enhances body's natural resistance.
23	Passiflora incarnata	Passion Flower	Relax, Ultiman, Ultiwoman	Eases Tension and Anxiety. A calming herb that helps to ease anxiety, tension and nervousness without causing dependence.
24	Phyllanthus emblica	Amla or Indian Gooseberry	Beauty, Digest, Immuplus, Ultiman, Ultiwoman, Relax, Neuro, Glucozone	Helps to Rejuvenate Overall Health & Body Systems. An antioxidant that promotes neural and liver health.
25	Terminalia bellerica	Triphala (Amalaki, Bibhitaki, Haritaki)	Vision, Trim	Supports Eye Health and Promotes Healthy Weight Management. Supports and nourishes the eye lens and encourages healthy metabolic function and the absorption of dietary fat.
26	Piper longum	Long Pepper	Trim	Supports Balanced Weight Management. Helps promote healthy fat metabolism for systematic weight management.
27	Piper nigrum	Black Pepper	Trim	Supports Balanced Weight Management. Helps promote healthy fat metabolism for systematic weight management.
28	Pterocarpus marsupium	Indian Kino	Glucozone	Supports Healthy Glucose Metabolism. Helps maintain healthy blood glucose levels.
29	Rheum emodi	Rhubarb	Beauty	Promotes Proper Internal Cleansing. Encourages healthy digestion and elimination.
30	Rubia cordifolia	Indian Maddar	Beauty	Supports a Healthy Complexion. Helps protect the skin and promote a clean and clear complexion.
31	Saraca indica	Ashoka	Ultiwoman	Supports Female Reproductive Health. Helps promote uterine health.
32	Syzygium cumini	Black Plum	Glucozone	Supports Healthy Glucose Metabolism. Helps maintain healthy blood glucose levels.
33	Terminalia arjuna	Arjuna Bark	Cardio	Supports Heart Health. Helps support healthy heart muscle cells. Helps maintain cholesterol and lipid levels in a normal and healthy range.

Ingredient	Common Name	Product	Key Benefits	
34	Tinospora cordifolia	Guduchi	Immuplus	Supports a Strong Immune System. An antioxidant that helps to encourage healthy immune system function.
35	Trigonella foenumgraecum	Fenugreek	Glucozone	Promotes Glucose Metabolism & Supports Heart Health. Helps maintain cholesterol and triglyceride levels in a normal and healthy range.
36	Vaccinium myrtillus	Billberry	Vision	Promotes Healthy Vision. Helps improve visual acuity day and night.
37	Valeriana officinalis	Valerian	Relax	Helps Promote Peaceful Sleep. Helps to induce restful sleep without morning sleepiness or other side effects or dangers of addiction. Helps in shortening the sleep time.
38	Withania sominifera	Ashwagandha or Winter Cherry	Ultiman, Ultiwoman, Immuplus	Supports Overall Health, Stamina & Immune Function. Encourages vitality and energy. Promotes healthy immune system function.
39	Zingiber officinale	Ginger	Digest, Trim	Supports Healthy Metabolism. Helps maintain natural enzyme balance and digestive function. Helps support cholesterol levels in a normal and healthy range.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.