



Radha Marcum Says:
June 5th, 2008 at 11:51 am

I also got samples recently from Embodi, a new line of juices with the "same benefits of red wine."
" They were pretty tasty, and even had that tannic, mouth-puckering taste I love in a good Core du Rhone. This makes sense, because tannins originate in the grape's skin—as do many of the grapes polyphenols, including the much-routed heart health-boosting compound resveratrol. I wonder if people who can't tolerate red wine because of the tannins can tolerate them in juice? In any case, it was worth the indulgence, though I still prefer the delicious Primitivo my husband and I shared the other night!



sandja brugmann Says:
June 18th, 2008 at 3:45 pm

I just wanted to add for your reader's information that Embodi is created from a proprietary extract from red wine grape, stems and seed, which provides the full spectrum polyphenols of red wine, including resveratrol, not just antioxidants found in grape juice! You might also like to know that the aluminum bottle protects the antioxidants from light (antioxidants exposed to sunlight break down).